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FILE PHOTO: STAN GROSSFELD/GLOBE STAFF

A handstand in the dunes of Wellfleet by Damon Wolf, 13, of New Paltz, N.Y. captures a quintessential Cape Cod moment.

By Patricia Harris and David Lyon GLOBE CORRESPONDENTS MAY 23, 2016

There are 15 towns in Barnstable County, which covers all of Cape Cod, from the Bourne Bridge, to the tip of Falmouth to the stone jetty in Provincetown, and there are 15 weekends between Memorial Day and Labor Day. What a coincidence!

Here is a handy, alphabetical guide for the spring and summer, 15 perfect days for 15 Cape Cod towns, whether you want to bike, bum around, or beach it. One perfect day will also appear in The Boston Globe's special Cape & Islands section that will be available every Sunday across the Cape and Martha's Vineyard and Nantucket starting May 29.

A perfect day in ... Barnstable

With villages ranging from rustic West Barnstable to busy Hyannis, the Town of Barnstable has the proverbial something for everyone. Start by picking up pastries at Pain D'Avignon (15 Hinckley Rd., Hyannis, 508-778-8588, paindavignon.com). Then drive to the Sandy Neck Beach Gatehouse (425 Sandy Neck Rd., W. Barnstable) for the Monday morning 9-11 a.m. Sandy Neck Wildlife Hike with an Audubon naturalist. (They run Mondays until Aug. 29.) You might spot rare shorebirds and terrapins. Call Long Pasture Wildlife Sanctuary 508-362-7475, ext. 9353, to reserve a spot. Next Saturday and



Sunday, the Hyannis Summer Arts & Crafts Festival takes over the village green with vendors selling crafts and gourmet foodstuffs while live entertainment streams from the bandstand.

Events aside, one must-visit in downtown Hyannis is the John F. Kennedy Hyannis Museum (397 Main St., 508-790-3077), which preserves the legacy of the Kennedy clan, their public service, and their intimate connection to Cape Cod. Behind the museum, follow the Walkway to the Sea to the waterfront. Along the way, the Cape Cod Maritime Museum (135 South St., 508-775-1723) displays Cape Cod's largest scrimshaw collection and has an exhibit on Cape Cod boat-building. Continue strolling the shore to the HyArts Artist Shanties (Hyannis Harbor, 508-862-4678.) Painters, sculptors, potters, glassblowers, and other artists demonstrate and sell their work in these seven waterfront shanties.

While you're at the waterfront, sign up for a sunset and cocktail cruise aboard the <u>catboat Eventide</u> (146 Ocean St., Hyannis, 508-775-0222). This sightseeing trip through Lewis Bay to Pine Cove Wildlife Sanctuary is especially good for birders. Afterwards, follow the locals around the harbor to <u>Baxter's Boathouse</u> (177 Pleasant St., Hyannis, 508-775-4490) for top-notch fish and chips.

On Thursday, take in some <u>Cape Cod Baseball</u>
<u>League</u> action. The Hyannis Harbor Hawks host the
Brewster Whitecaps at 6 p.m. in McKeon Park (120
High School Rd., Hyannis), while the Cotuit
Kettleers host the Yarmouth-Dennis Red Sox at 5
p.m. at Lowell Park (10 Lowell Ave., Cotuit).

